

## Health Services Program Goals

- Ensure every student has access to primary health care
- Provide an organized system for dealing with emergency medical situations
- Provide mandated screening and immunization monitoring
- Provide a process to identify and resolve students' health care needs that impact educational achievement



## School Nurses are Important

- Get to know the school nurse
- Know what services are provided by the school nurse
- Participate in school and community health programs



## Nursing Station

## School Nurses Protect the Health of the Students and the Community!

For more information, contact the:  
Department of Student Services  
St. Mary's County Public Schools  
Supervisor of Health Services  
23160 Moakley Street  
P.O. Box 1410  
Leonardtown, Maryland 20650  
301-475-5511, ext. 150  
or  
St. Mary's County Health Department  
21580 Peabody Street  
P.O. Box 316  
Leonardtown, Maryland 20650  
301-475-4316

### Non-Discrimination Statement

The St. Mary's County Public School System does not discriminate on the basis of race, color, sex, age, marital status or sexual orientation, national origin, religion or disability in matters affecting employment or in providing access to programs. Inquiries related to this policy may be addressed to the Chief of Fiscal Services and Human Resources, St. Mary's County Public Schools, P.O. Box 641, Leonardtown, Maryland 20650, (301) 475-5511, ext. 247.

SCHOOL NURSE LOGO FROM  
TEXAS SCHOOL NURSES ASSOCIATION  
USED WITH PERMISSION

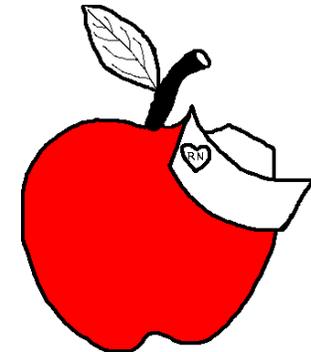
© St. Mary's County Public Schools

August 1999

Revised December 2011



## St. Mary's County School Nurses



## A Health Specialist Who Strengthens the Educational Program

A school health service  
jointly sponsored by:

St. Mary's County Public Schools  
and  
St. Mary's County Health Department

## What is School Nursing?

School nursing is a specialized practice of professional nursing that advances the well-being, academic success, and life-long achievement of students. To that end, school nurses facilitate positive student responses to normal development; promote health and safety; intervene with actual or potential health problems; provide case management services; and actively collaborate with others to build student and family capacity for adaptation, self management, self advocacy, and learning.

From -  
National Association of School Nurses

## Role of the School Nurse

The primary role of the school nurse is to support learning by providing students with what they need in order to attend school, stay in school, and graduate.

## Who is the School Nurse?

A school nurse is a registered nurse (RN) licensed to practice nursing in the State of Maryland and has professional expertise in health wellness, prevention, and growth and development. The school nurse works with other school personnel to plan and carry out a comprehensive school health program. They are the most appropriate medical professionals in the school setting to manage, deliver, and delegate health care.

## School Nurses Make a Difference



School nurses are a valuable and vital link in the coordination and management of health care for students. The school nurse collaborates within the school community to plan student health services, implement/manage student health care, educate the school community and evaluate the school health program. This is completed through the following services:

- Identifies students with special health care needs
- Performs nursing assessments, screenings, and evaluations
- Develops nursing care plans, emergency action plans, and individualized health plans
- Provides emergency care for illness and injury
- Performs prescribed treatments and administration of medications in school
- Works with school staff to prevent health problems from impacting school performance
- Helps develop school health policies
- Ensures the policies and regulations adhere to laws and standards of nursing practice
- Monitors students' compliance with state immunization laws
- Monitors communicable diseases
- Participates in emergency management care and planning

- Serves as a liaison and resource between home, school, health care providers, and community organizations
- Coordinates and manages health care in school for students with chronic, complex, or acute conditions
- Interprets student health needs to family and school staff
- Advocates for wellness activities
- Provides information about treatment resources to families
- Conducts training around school health needs for staff
- Counsels students with health problems to assist with adjustment and limitations in school
- Serves as a classroom resource on health topics
- Educates students and staff to manage their own health care concerns

