



Novo Nordisk  
Pharmaceuticals Inc.  
The world's first insulin  
and diabetes care

# HYPERGLYCEMIA

(High Blood Sugar)

**CAUSES:** Too much food, too little insulin, illness or stress.

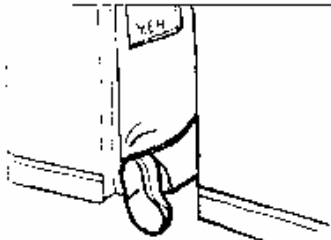
**ONSET:** Gradual, may progress to diabetic coma.

**BLOOD SUGAR:** Above 200 mg/dL.  
Acceptable range: 115-200 mg/dL.



**EXTREME THIRST**

## SYMPTOMS



**FREQUENT URINATION**



**DRY SKIN**



**HUNGER**



**BLURRED VISION**



**DROWSINESS**



**NAUSEA**

**WHAT  
CAN  
YOU  
DO?**



**TEST BLOOD SUGAR**



If over 250 mg/dL for several tests  
**AND CALL YOUR DOCTOR**