

If falling/Generalized jerking:

- Call immediately for school nurse or designated CPR/First Aid personnel.
- Assist student to floor, turn to left side.
- Delegate call to EMS/911.
- Administer Emergency medication by Nurse if prescribed _____.

If Seizure of any type occurs:

- Call immediately for school nurse or designated CPR/First Aid personnel.
- Loosen clothing at neck and waist and remove eyeglasses if possible.
- Protect head with arms, lap, and cushioning material if possible.
- Have another classroom adult remove/direct students away from the area and move any large, sharp, or hard objects away.
- Time the seizure.
- Allow seizure to run its course: DO NOT restrain or insert anything into the student's mouth. DO NOT try to stop purposeless behavior.
- During a general or grand mal seizure you may see pale or bluish discoloration of the skin and lips. You may also hear noisy breathing.
- Remain calm.

If focal motor or smaller local seizures: e.g., lip smacking, behavior outburst)

- Call immediately for school nurse or designated CPR/First Aid personnel.
- Assist the student into a comfortable sitting position.
- Time the seizure.

Delegate call to EMS/911 immediately, nurse if in building, and parent if student exhibits:

- Absence of breathing and/or pulse. Start CPR for absent breathing/pulse.
- Seizure of 5 minutes or greater duration.
- Two or more consecutive (without a period of consciousness between) seizures.
- No previous history of seizure activity.
- Continues unusually pale or bluish skin or lips or noisy breathing after seizure has stopped.
- If the student is pregnant, diabetic, heat stroke/exhaustion, high fever, found in the water.

When Seizure completed:

- Call immediately for school nurse or designated CPR/First Aid personnel (should already be present).
- Reorient and reassure the student:
- Allow/assist changing into clean clothing if necessary.
- Do not allow eating until fully alert and oriented.
- Allow student to rest after seizure may be tired.
- Make sure parent is made aware and proper documentation is done.

Some observations you may see during a seizure include but are not limited to:

Rolling eyes, temporary loss of consciousness, sudden cry, uncontrolled movement of body, falling, rigidity followed by muscle jerks, frothy saliva on the lips, drooling, shallow breathing, uncontrolled blinking.