

Rice Bowl Recipes

Egg Bowl: scrambled or soft boiled eggs, chopped tomatoes, chopped green bell peppers, and shredded Monterey Jack cheese



Chicken Bowl: cooked chicken (save from leftovers if you can), any three favorite cooked vegetables (ex: corn, peas and carrots), and teriyaki sauce

Taco Bowl: ground turkey or beef (browned and drained), can of drained black beans, shredded cheddar cheese, and salsa

